



Nitro Gymnastics

Nitro Gymnastics offers a range of classes, including tumbling and gymnastics classes for both competitive and recreational gymnasts.

TUESDAYS

4.00-5.00pm - Rec age 4-6 years
5.00 - 6.00pm - Rec age 6-8 years
6.00 - 7.00pm - Rec age 8+ years

THURSDAYS

5.00 - 6.00pm - Rec age 5-7 years
6.00 - 7.00pm - Rec age 7-9 years
7.00 - 8.00pm - Rec 9+ years
8.00 - 9.00pm - Rec 11+ years

SATURDAYS

9.00 - 10.00am - Rec 8+ years
9.00 - 10.00am - Rec 4-6 years
10.00 - 11.00am - Rec 6-8 years
11.00 - 12.00am - Rec 6-8 years

Venue - Oak Lodge Primary School, BR4 0LJ
Email - Nitrogymnastics@live.com
Website - <https://www.nitrogymnastics.co.uk/>